

Amendments to the Specification

Please replace paragraph [0012] with the following amended paragraph:

[0012] The thickness of the anti-adherence layer is ~~10~~1 μm to 100 μm , preferably ~~20~~2 μm to 50 μm for fluorinated plastics and 1 μm to 50 μm preferably 2 μm to 20 μm for diamond-like coatings, and may for example be 10 μm to 100 μm .